



Share the Natural Health
REVOLUTION

Zija International - PRODUCT CATALOG 2017



our
MISSION

Zija International was founded on the idea that a better life is possible with the right combination of products, opportunity, timing and endeavor. Our cutting-edge health, wellness and beauty products allow individuals to look and feel their best, be more active, and share the Natural Health Revolution. The unique and simple Zija opportunity provides unprecedented financial and time freedom to countless individuals worldwide. We invite everyone to bring their all and become their best, stretching and growing in the journey toward building their own Life Unlimited.

-Zija International Mission Statement



CORE MORINGA SUPPLEMENTS

Introduction..... 3

Products..... 4

GENM PERSONAL CARE

Introduction..... 8

Products..... 9

AMÉO ESSENTIAL OILS

Introduction..... 12

Single Oils..... 14

Oil Blends..... 20

Other Products..... 26

Accessories..... 28

RIPSTIX FITNESS SUPPLEMENTS

Introduction..... 30

Products..... 31

PRODUCT KITS

NHR Kits..... 32

about zija INTERNATIONAL

Zija was founded on the idea that Life Unlimited is possible for anyone and everyone, which is based on 4 distinct pillars: 1) Health, Wellness & Beauty; 2) Financial & Time Freedom, 3) Personal Development, and 4) Active Lifestyle.



HEALTH, WELLNESS & BEAUTY

Our health and well-being are under attack; we need a Natural Health Revolution to help us naturally nourish, naturally restore and naturally condition the body. Each of Zija's product brands fills a unique void and serves a distinct purpose in this revolution; these include Core Moringa Supplements, Améo Essential Oils, Ripstix Fitness Supplements, and GenM Personal Care.



FINANCIAL & TIME FREEDOM

Our unique business opportunity has numerous advantages, including a low cost of entry, tax breaks, personal development opportunities, the chance to leverage residual income, unlimited income potential, and a home-based business model; you are in business *for* yourself but not *by* yourself.



PERSONAL DEVELOPMENT

We love to recognize our hardworking and dedicated Distributors who continually display a driven attitude by achieving short-term and long-term goals, growing their Zija business and achieving Life Unlimited.



ACTIVE LIFESTYLE

Being active is a major part of the Zija lifestyle. Whether you're a pro athlete, competitive trainer, or just enjoy getting out and moving, our products have been carefully formulated to maximize and facilitate activity throughout the day to keep you looking and feeling your best.



core moringa **SUPPLEMENTS**

Nourisher. Beautician. Humanitarian. Nature's "Miracle Tree." Moringa oleifera has many nicknames. Learn how this simple, peculiar botanical has blossomed into a worldwide phenomenon, allowing individuals to improve their health, manage their weight, nurture their skin, and even provide for their family.

The Zija story begins with one man viewing a documentary about a tree grown in faraway lands. His interest piqued as he observed people being sustained by consuming small amounts of this nutrient-rich botanical. This man is Ken Brailsford, a pioneer in the nutritional supplement industry, the "Father of Herbal Encapsulation," and the Founder of Zija International. Although he was retired at the time when he first learned of Moringa, Ken felt inspired by its potential to change the world. He came out of retirement and began learning as much as he could about Moringa from scientists, biochemists, botanists, and pharmacologists the world over. Moringa truly is changing lives, and Zija International is delivering it to a world in need.

WHY CHOOSE ZIJA'S MORINGA?

Unlike other Moringa-based products on the market, Zija uses all of the most beneficial parts of the tree—the leaves, the fruit and the seeds—in our proprietary blends. The result is a truly valuable line of high-quality, nutritionally-charged products.



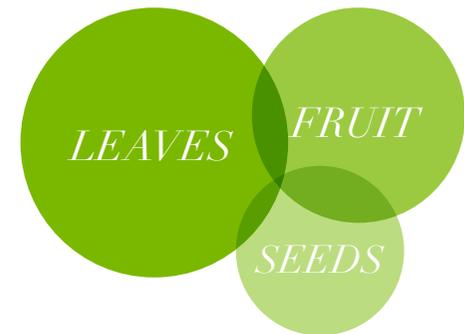
RAISED
without chemicals



HARVESTED
carefully by hand



SHADE DRIED
to ensure nutrients remain intact



Zija's Moringa

Not all Moringa is created equal. In fact, depending on where Moringa trees are grown, their nutritional content can vary significantly. Knowing this, Zija has vetted several different locations and farms where our organic Moringa trees will have the highest nutrient content available, even if it comes at a premium cost.

We work tirelessly to ensure that Moringa's nutritional properties are conserved as much as possible during its harvesting and preparation. While shade drying is a much longer and more costly process than drying in the sun, it also prevents harmful UV rays from cross-linking vitamins and minerals, which would render them inert.

As a leader in manufacturing technology, Zija uses state of the art machinery for each and every one of our products. Understanding that nutrition can be compromised by exposure to sunlight, oxygen, and time, we quickly blend and assemble our products into airtight sachets that meet the highest standards of manufacturing. At Zija, we are unwilling to compromise the nutritional value of Moringa. In doing so we are able to deliver a highly valuable product that helps address the nutritional void that is so prevalent in today's diet.



core moringa PRODUCTS

Native to the Himalayas, *Moringa oleifera* may be nature's most giving botanical. This nutrient-dense tree truly is making waves and changing lives. Just one serving of Moringa per day provides you with a fresh dose of its 90+ vitamins, minerals, vital proteins, antioxidants, omega oils and other benefits. Zija has created numerous Moringa-based products to help individuals live a more active and healthy life.



SMARTMIX*

32 Packets - Net Wt. 15 oz (415 g)
SKU#102046 Whsl. \$99 Retail \$125 PV: 75

A delicious powder drink blend filled with *Moringa oleifera* to give your body essential vitamins and minerals. Add this easy-to-open packet to water for a dose of Moringa nutrition and probiotic benefits.

- Add one packet to 8-18 ounces of water, shake, and drink on an empty stomach or 15 minutes prior to a healthy meal.



SUPERMIX*

32 Packets - Net Wt. 15 oz (415 g)
SKU#153407 Whsl. \$99 Retail \$125 PV: 75

A tasty powder drink blend packed with even more healthy Moringa to feed your body real, absorbable nutrition. You'll get an extra boost of 90+ vitamins, minerals, vital proteins, antioxidants, omega oils, and other benefits.

- Add one packet to 8-18 ounces of water, shake, and drink on an empty stomach or 15 minutes prior to a healthy meal.



XM+*

32 Packets - Net Wt. 15 oz (415 g)
SKU#103417 Whsl. \$99 Retail \$125 PV: 75

A healthy Moringa energy blend that elevates your mood and boosts your energy level without the aid of harsh stimulants or artificial ingredients. XM+ promotes a lean body through appetite suppression, thermogenesis, and weight control.

- Add one packet to 8-18 ounces of water, shake, and drink on an empty stomach or 15 minutes prior to a healthy meal.



XM3

30 capsules - Net Wt. 21 g
SKU#103398 Whsl. \$59 Retail \$74 PV: 48

XM3 caps are made up of beneficial herbs and extracts that provide a powerful combination of appetite suppression, energy and focus throughout the day.

- Adults take one (1) capsule, preferably before exercise, on an empty stomach.



XMBURN*

1 Box of XMBurn (60 Caps)
SKU#103220 Whsl. \$59 Retail \$74 PV: 48

XMBurn works to temporarily increase metabolism, suppress appetite, and help you make smarter food choices to maintain a healthier weight. These advanced thermogenic caps combine natural herbs, including Moringa oleifera, with cutting-edge scientific expertise in a convenient daily capsule.

- Adults take one capsule on an empty stomach.
- * XMBurn replaced with XMturbo in Canada.

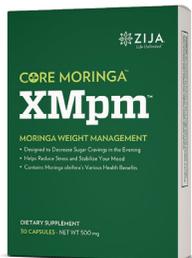


XMAM*

1 Box of XMAM (30 Caps)
SKU#101878 Whsl. \$59 Retail \$74 PV: 48

Combines healthy Moringa with other natural ingredients to control cravings, burn fat, and elevate your mood. XMAM utilizes the amazing health benefits of Moringa to kick-start your journey and help you achieve your weight management goals!

- Adults take one capsule on an empty stomach.



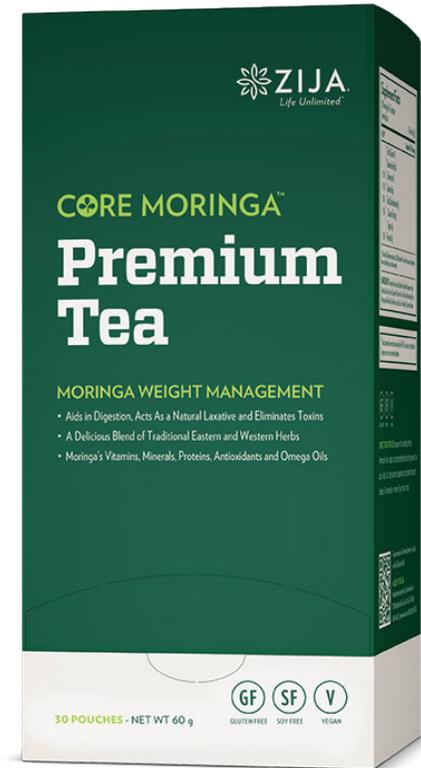
XMpM*

1 Box of XMpM (30 Caps)
SKU#101863 Whsl. \$59 Retail \$74 PV: 48

The breakthrough formula in Zija's XMpM caps combines healthy Moringa with other natural ingredients to reduce stress, stabilize your mood, combat evening cravings, and prepare your body for restful sleep.

- Adults take one capsule 30 - 60 minutes before evening meal.





DAILY TEA*

1 Box of Daily Tea (30 Pouches)
SKU#103302 Whsl. \$39.00 Retail \$49.00 PV: 30

Daily Tea combines Moringa oleifera with other natural, beneficial ingredients to promote a feeling of fullness and align appetite with true caloric needs. Use Daily Tea before meals to reach your weight loss and management goals naturally.

- Add 1-2 tea pouches to boiling water. Steep 5-10 minutes. Enjoy hot or cold.

COMBO TEA*

Daily Tea - 20 pouches, Premium Tea - 10 pouches
SKU#103419 Whsl. \$39.00 Retail \$49.00 PV: 30

We created Combo Tea so users could enjoy the benefits of Premium and Daily Tea. The proprietary blend found in Zija's Daily Tea combines Garcinia Cambogia, Bitter Melon, and Astragalus Root to create an advantageous, natural tea. Premium Tea utilizes Senna, Orange Peel, Buckthorn Frang Bark, and other natural ingredients to aid in detoxifying the body.

PREMIUM TEA*

1 Box of Premium Tea (30 Pouches)
SKU#101935 Whsl. \$39.00 Retail \$49.00 PV: 30

This delicious tea is a blend of traditional eastern and western herbs that aids in digestion, acts as a natural laxative and diuretic, and eliminates toxins released from fat cells during weight loss. It's the perfect way to calm and cleanse your body.

- Before bed, add 1-2 tea pouches to boiling water. Steep 5-10 minutes. Enjoy hot or cold.



XMPROTEIN

1 Bag of XMprotein (28 Servings)
 Dutch Chocolate SKU#102069 Whsl. **\$99.00** Retail **\$125.00** PV: 75
 Vanilla Bean SKU#102071 Whsl. **\$99.00** Retail **\$125.00** PV: 75

Zija's XMprotein shake mix expertly combines the nutrition of Moringa oleifera with whey protein to help feed your body and maximize your nutrition and fitness goals. This low-calorie, low-fat nutritional shake mix comes in Dutch Chocolate or Vanilla Bean flavors.

Directions:

- Blend two scoops into 13-16 ounces of water, shake well and consume.



PLANT PROTEIN

28 Packets - Net Wt. 40 oz (1,148 g)
 Dutch Chocolate SKU#103392 Whsl. **\$99.00** Retail **\$125.00** PV: 75
 Vanilla Bean SKU#103393 Whsl. **\$99.00** Retail **\$125.00** PV: 75

Plant Protein Nutritional Supplement Shake Mix contains a complete protein extracted from Moringa oleifera leaves, providing each serving with 20 grams of 100% plant-derived protein. Our proprietary gluten-free, soy-free and vegan formula will help you feed your body with maximum nutrition.

Directions:

- Blend, shake or briskly stir packet contents into 13-16 ounces of cold water until smooth and then drink.



CORE MORINGA SUPPLEMENTS RECIPE

PROTEIN GRANOLA BARS

Ingredients:

- 2/3 cup XMprotein/Plant Protein (Dutch Chocolate or Vanilla Bean)
- 1 1/2 cups quick or rolled oats (120g)
- 1/4 teaspoon salt
- 1/2 cup nut butter
- 1/2 cup raw agave or honey
- 1-2 drops Améo Cinnamon or Améo Orange oil
- Handful mini chocolate chips (optional)

Stir all ingredients together until well-mixed. Transfer the mixture to an 8x8 pan (or smaller if you want the bars thicker) and spread evenly. Freeze for at least 1 hour, then cut into bars. For optimum freshness, store leftover bars in the freezer for up to a month.

genm PERSONAL CARE

Inner Health, Outer Beauty™

Because everyone wants to look and feel their very best, Zija's team of scientists, nutritionists and beauty experts has teamed up with Mother Nature to look at how proper skin, body and hair care can assist in a more natural way. The result is GenM, our cutting-edge and natural line of personal care products featuring Moringa oleifera, nature's most diverse and nutrient-packed botanical. GenM is bridging the generation gap to give health, wellness and beauty back to the masses.

Our GenM Personal Care line contains a wide array of products that condition, cleanse, protect, renew, and moisturize. The products are not only great for all skin types, they also target the skin's specific condition which can change daily, seasonally, geographically, and even hormonally. For healthy, radiant, age-defying skin use GenM Personal Care products in your daily routine.

Our Promise

Each and every GenM product has been carefully developed using ingredients that are both cutting-edge and nourishing. Created with the end user in mind, we're proud to offer them to you. You'll love pampering your skin, body and hair with the perfect combination of scientifically advanced and naturally beneficial.





CREAMY FACE CLEANSER

90ml SKU#101943 Whsl. \$39 Retail \$49 PV: 30

This cleanser gently removes excess dirt and oil and leaves your skin feeling vibrant and refreshed. The non-irritating formula combines Moringa with plant extracts to restore balance and tone while replenishing your skin's natural lipids.

- Use cleanser morning and evening. Massage over face and neck. Rinse with warm water.



DAILY MOISTURIZER

30ml SKU#101945 Whsl. \$39 Retail \$49 PV: 30

This moisturizer is a light, quick-absorbing formula that protects skin from exposure while allowing it to absorb healthy, natural doses of vitamin D. It provides a rich dose of antioxidants and guards against free radicals and environmental abuse.

- Apply 2-3 pearl-sized drops, spreading even strokes across face, neck and other areas.



EYE SERUM

10ml SKU#101946 Whsl. \$39 Retail \$49 PV: 30

This eye serum keeps the delicate area around your eyes moisturized while reducing redness, puffiness, dark circles, and other signs of aging. Our unique formula is filled with active ingredients that moisturize, soothe, repair, and strengthen skin.

- Apply directly under the eye area.



ZIJA OIL

10ml SKU#101940 Whsl. \$39 Retail \$49 PV: 30

Zija Oil is packed with natural ingredients to nourish and repair minor cuts, dry spots, cuticles, and skin impurities. Our proprietary formulation features cold-pressed, extra virgin plant oils highly valued in the cosmetic industry for their anti-aging properties.

- Apply topically. Avoid eye area.



ANTI-AGING NIGHT REPAIR

30ml SKU#101941 Whsl. \$59 Retail \$74 PV: 46

Turn back the clock to reveal your natural radiance by relaxing fine lines, enhancing collagen production, filling wrinkles, and reducing redness. Zija's Anti-Aging Night Repair contains no artificial colors, fragrances, or additives.

- Apply a generous amount to face and neck each night.



SPA MASQUE

150ml SKU#101942 Whsl. \$55 Retail \$69 PV: 42

This masque is a healthy blend of vitamins, minerals, rich plant extracts, and French clay that removes impurities, absorbs excess oil, clarifies and tones skin, and leaves your face feeling smooth and firm.

- Smooth a thin layer over the face and neck. Allow masque to work until the product becomes dry to the touch. Rinse thoroughly with warm water.





REHYDRATING MIST

60ml SKU#101944 Whsl. \$29 Retail \$37 PV: 22

This mist is a simple way to condition the skin on your face and body throughout the day. The evaporation-resistant formula is rich in active plant ingredients, which provide a refreshing shot of vitamins, amino acid peptides, and trace minerals.

- Mist directly on entire face and neck area or spritz a cotton pad and gently press into skin.



MORINGA SILK HAND CREME

50ml SKU#177251 Whsl. \$22.50 Retail \$30.00 PV: 18

Zija's Moringa Silk Hand Creme combines the beneficial ingredients of Moringa oleifera and the powerful essential oils of Orange, Frankincense, and Sandalwood. Your hands will appreciate the restorative properties of Moringa and Frankincense when you indulge in this creamy, skin-quenching formula. In a double blind and randomized clinical study, Moringa Silk Hand Creme performed significantly better for hydration than products using shea butter. Soften and moisturize even the driest hands to keep them looking and feeling their healthiest both day and night.

- Apply a generous amount of creme as needed to nourish and moisturize rough, dry skin.



FRESH CITRUS SHAMPOO

8 fl oz (237 ml) SKU#103378 Whsl. \$21 Retail \$28 PV: 16

GenM Fresh Citrus Shampoo gently cleans away dirt, oil, sweat, buildup, and other pollutants with a burst of natural lemon, bergamot and orange essential oils. Our sulfate-free, paraben-free, Moringa-infused formula is also naturally scented and colored. You'll be left with clean, manageable hair that looks, feels and smells amazing. For best results, follow with GenM Fresh Citrus Conditioner.

- Massage into wet hair, lather throughout, then rinse thoroughly; repeat if necessary.



BODY OIL

120 ml (4 fl oz) SKU#103335 Whsl. \$56 Retail \$70.75 PV: 45

GenM Moringa Body Oil helps fight the appearance of aging by protecting skin from cell damage and helps calm inflammation caused by environmental aggressors. Skin appears healthier while you feel invigorated and de-stressed with all-natural lavender essential oil.

- After bathing apply all over the body, focusing on especially dry and rough areas.



LIP BALMS

.55oz	Variety Pack (3-pack)	SKU#177240	Whsl. \$20	Retail \$26.67	PV: 10
.55oz	Grapefruit (3-pack)	SKU#177241	Whsl. \$20	Retail \$26.67	PV: 10
.55oz	Cinnamon Mint (3-pack)	SKU#177242	Whsl. \$20	Retail \$26.67	PV: 10
.55oz	Vanilla Mint (3-pack)	SKU#177243	Whsl. \$20	Retail \$26.67	PV: 10

Zija's GenM Lip Balms—available in delicious Cinnamon Mint, Grapefruit, and Vanilla Mint—are flavored naturally with various beneficial essential oils. They also contain the nourishing and hydrating power of Moringa oleifera. Now you can smooth and condition even the driest lips while savoring the sweet flavors and aromas of Zija's premier line of lip care products.

- Smooth a small amount over lips with fingertips to nourish and moisturize as needed.



FRESH CITRUS CONDITIONER

8 fl oz (237 ml) SKU#103379 Whsl. \$24 Retail \$32 PV: 18

GenM Fresh Citrus Conditioner softens, moisturizes and nourishes, allowing dry, brittle hair to be rejuvenated, healthier, and more manageable. Our sulfate-free, paraben-free, Moringa and Amé Essential Oil-infused formula is naturally scented and colored. Replenish your hair with the vitamins and minerals needed to maintain a luminous shine.

- After washing hair with shampoo, massage conditioner into wet hair, leave for 1-3 minutes, then rinse thoroughly; repeat if necessary.



améo ESSENTIAL OILS

Âme means soul in French. Rico means rich in Spanish. Together, they create Améo. We want you to take part in Améo, a product line that believes in Rich Souls. When used properly, essential oils can improve physical, emotional and even spiritual wellness.

Essential oils have been valued and used throughout history for their advantageous therapeutic and medicinal properties. Because they contain the true essence of the extracted botanical or botanical part, they can soothe users and aid in their physical well-being. Essential oils are delightfully fragrant, while some even have a delicious taste. Distillation is the most common method of extracting essential oils; through this process, the botanical is condensed into a highly concentrated and pure liquid, ready for use by consumers. Cold pressing is also used to extract certain oils—specifically citrus oils like Lemon, Orange and Bergamot. This process involves piercing the fruit’s peel, pressing it to release the oil, and then collecting it.

At Améo, we put emphasis on product quality, guaranteeing that you are getting the best oils available anywhere in the world. We have created dozens of new products to give you and the people you care about a fuller life. We invite you to take advantage of them and treasure the Rich Soul inside of you.



Use the following information to help lead you through the applications and correct uses of Améo’s single oils and oil blends:



AROMATICALLY (A)
Oils can be inhaled or diffused in the air with an Améo diffuser.



TOPICALLY (T)
Oils can be applied to skin. Some oils require dilution with a carrier oil.



INTERNALLY (I)
Oils can be taken internally in foods, beverages, or an Améo Veggie Cap.



NEAT (N)
Oils require no dilution.



DILUTE (D)
Oils require dilution with a carrier oil such as Améo Fractionated Coconut Oil.



SENSITIVE SKIN (S)
Oils should be used with caution on delicate skin.



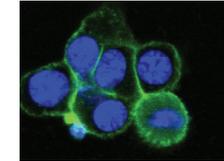
PHOTOSENSITIVITY (P)
Oils require avoidance of direct sunlight or UV rays for at least 12 hours after application.

Discover the Difference

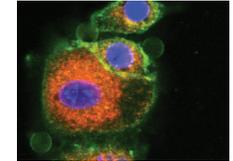
Purity and quality are the two most important aspects of any essential oil. Both affect its therapeutic value, aroma, color, potency and, when applicable, flavor. By carefully and correctly (1) sourcing our botanicals from our global partners, (2) validating their quality through extensive testing of every batch that we produce, and (3) following a cutting-edge delivery system, we can guarantee that you and those you care about receive the best essential oils available anywhere in the world. All of these steps are overseen by (4) the Zija Product Advisory Council. Finally, you can (5) see the difference that Améo's CERTI-5 process makes by visiting ameodifference.com.



BEFORE



AFTER



BEFORE: Using confocal fluorescence microscopy, we visualize living human endothelial cells and subcellular organelles before exposure to Améo's True Lavender essential oil.

Blue = Nucleus
Green = Cell membrane and intracellular vesicles

AFTER: Combining Améo's True Lavender essential oil with human endothelial cells, we can track the subcellular absorption and activation with patent-pending technology exclusive to Améo. This process reveals that Améo True Lavender essential oil is Cell Active and Permeable®.

Blue = Nucleus
Green = Cell membrane and intracellular vesicles
Red = Améo True Lavender oil
Yellow = Organelle and Améo True Lavender oil interacting

SEE FOR YOURSELF: Want to learn more about the quality and purity of your specific Améo Essential Oils? Go to ameodifference.com and enter the unique batch code on the bottom of your oil bottle; you'll instantly gain access to the test performed on it, the results, and a video of the oil entering live cells.

améo SINGLE OILS

Whether you're looking to clean up your surroundings without the use of harsh chemicals and additives, freshen up naturally, nourish your body, excite the senses, improve the look and feel of your skin, or thousands of other uses and benefits, start with Améo's single oils. We use only the most potent and pure botanicals available anywhere around the world, giving you the very best line of essential oils possible.



BERGAMOT *Citrus bergamia*

15ml SKU#177003 Whsl. \$27.50 Retail \$36.67 PV: 22
15ml (Organic) SKU#177056 Whsl. \$40 Retail \$53.33 PV: 32

Bergamot oil can bring about a relaxing, calm environment. It can also be taken internally to help regulate appetite.

- Diffuse Bergamot oil, or add to an Améo Veggie Cap and take by mouth, to help regulate appetite naturally
- Massage 2-3 drops of Bergamot oil over the abdomen to aid in digestion and minimize flatulence



CLARY SAGE *Salvia sclarea*

15ml SKU#177226 Whsl. \$47.50 Retail \$63.25 PV: 38

Clary Sage oil can help provide temporary relief from common fluctuations associated with menstruation such as bloating, nausea, cramps, and mild mood changes.

- Rub 2-3 drops of Clary Sage oil on the stomach or lower abdomen to help provide temporary relief from common menstrual cycle symptoms, including menstrual cramping



BLACK PEPPER *Piper nigrum*

5ml SKU#177085 Whsl. \$21.25 Retail \$28.25 PV: 17

Black Pepper can be used to promote normal circulation, normal digestion and normal respiratory function.

- Dilute Black Pepper oil and rub on the abdomen to promote normal digestion
- Add a small amount of Black Pepper oil to savory dishes to promote normal digestion



CLOVE *Syzygium aromaticum*

15ml SKU#177009 Whsl. \$15 Retail \$20 PV: 12

Clove contains the largest antioxidant value of any oil, which helps protect cells from damaging free radicals. It is also known for its anti-inflammatory properties.

- Place a few drops of Clove oil on a cotton ball and swab in the mouth to promote oral health
- Add 8 drops of Clove oil to 2 oz of carrier oil and massage into troubled areas



BALSAM FIR *Abies balsamea*

5ml SKU#177001 Whsl. \$23.75 Retail \$31.67 PV: 19

Balsam Fir oil can be used to soothe sore areas by increasing circulation, promoting normal respiratory function, and balancing emotions.

- Diffuse Balsam Fir oil in an Améo diffuser for respiratory and intestinal support
- Rub 1-2 drops of Balsam Fir oil in palms and inhale to relieve stress and ground the mind and body



CINNAMON *Cinnamomum verum*

5ml SKU#177008 Whsl. \$23.75 Retail \$31.67 PV: 19

The scent of Cinnamon oil stirs the appetite and can create feelings of comfort. It also promotes normal immune system function.

- Add 1 drop of Cinnamon oil to certain dishes when cooking to enhance flavor
- Add 1-2 drops Cinnamon oil to a warm bath to awaken the senses and increase energy levels



COPAIBA *Copaifera officinalis*

15ml SKU#177229 Whsl. \$42.50 Retail \$56.50 PV: 34

Copaiba oil is a popular scent found in many perfumes and soaps because of its pleasant, sweet, and balancing aroma.

- Add a few drops of Copaiba oil to a hot bath and soak in it to promote normal respiratory function
- Dilute Copaiba oil to 50% and apply topically to the stomach to promote normal intestinal function





CORIANDER *Coriandrum sativum*

15ml SKU#177228 Whsl. \$30 Retail \$39.95 PV: 24

Coriander oil contains a warm, spicy, and vaguely sweet aroma—making it a popular choice in the aromatherapy community.

- Add 3-4 drops of Coriander oil to a carrier oil and massage into tired and overused muscles
- Dilute Coriander oil to 50% and apply topically to the stomach to promote normal intestinal and digestive function



EUCALYPTUS GLOBULUS *Eucalyptus globulus*

15ml SKU#177014 Whsl. \$15 Retail \$20 PV: 12

Eucalyptus Globulus oil is often employed to help support healthy respiratory system function. The oil also has a calming effect on the mind and body.

- Rub 2-3 drops of diluted Eucalyptus Globulus oil into palms and inhale to promote normal respiratory function
- Add a few drops of Eucalyptus Globulus oil to a warm bath and soak in it to relieve sore, overused muscles



FRANKINCENSE *Boswellia frereana / Boswellia carterii*

15ml (frereana) SKU#177016 Whsl. \$70.00 Retail \$93.33 PV: 56
15ml (carterii) SKU#177273 Whsl. \$70.00 Retail \$93.33 PV: 56

Frankincense oil has a pleasant, spicy aroma that promotes relaxation. It also contains many anti-aging and cell-protective properties.

- Rub Frankincense oil on the bottoms of the feet to dismiss feelings of nervousness or tension
- Apply Frankincense oil to skin to disinfect minor cuts and reduce the appearance of scars or stretch marks



CYPRESS *Cupressus sempervirens*

15ml SKU#177012 Whsl. \$18.75 Retail \$25 PV: 15

Cypress oil has a long history of promoting normal circulation and respiratory function. Mentally, Cypress oil helps create a sense of stability and security.

- Massage Cypress oil into the arms and legs to promote normal circulation
- Rub 1-2 drops of Cypress oil into palms and inhale when experiencing fear, stress, doubt or panic



EUCALYPTUS RADIATA *Eucalyptus radiata*

15ml SKU#177015 Whsl. \$17.50 Retail \$23.33 PV: 14

With a fresh and invigorating scent, Eucalyptus Radiata essential oil is used often to promote normal respiratory function and overall well-being.

- Add 4-5 drops of Eucalyptus Radiata oil to warm water and gargle to promote clear breathing
- Rub 2-3 drops of Eucalyptus Radiata oil into palms and inhale for respiratory support



GERANIUM *Pelargonium graveolens*

15ml SKU#177084 Whsl. \$36.25 Retail \$48.25 PV: 29

Geranium essential oil supports normal circulatory function and has a dose of supportive antioxidants. Its sweet smell can provide an uplifting aromatic experience that in turn fosters peace and well-being.

- Dilute and massage 3-5 drops of Geranium oil into the body's reflex points to promote a grounding experience
- Diffuse Geranium oil in an Améo diffuser to assist in balancing emotions



AMÉO FRESH MARINARA SAUCE

Ingredients:

- | | |
|------------------------------|------------------------------------|
| 10 ripe tomatoes | 1/2 teaspoon Italian seasoning |
| 2 tablespoons butter | 1/2 cup chicken broth |
| 2 tablespoons olive oil | 1 bay leaf |
| 1 onion, chopped | 2 tablespoons tomato paste |
| 5 cloves garlic, minced | 1 drops Améo Oregano Essential Oil |
| 1/4 cup fresh basil, chopped | |

Bring pot of water to a boil. Place 8 whole tomatoes into boiling water until skin starts to peel (1-2 minutes). Remove tomatoes from water and allow to cool. Remove peel from tomatoes, squeeze out and discard seeds. Chop the cooked tomatoes and puree in food processor. Chop 2 uncooked tomatoes and set aside. In a large pot cook onion and garlic in butter and oil until onions are translucent. Stir in pureed tomatoes, chopped tomatoes, fresh basil, Italian seasoning, chicken broth, and bay leaf. Boil sauce, then reduce heat, cover, and simmer for 2 hours. Stir in tomato paste and simmer an additional 2 hours. Before serving, stir in 1 drop of Améo Oregano and remove bay leaf.

AMÉO RECIPE



GINGER
Zingiber officinale

15ml SKU#177018 Whsl. \$40.00 Retail \$53.33 PV: 32

Ginger essential oil's lively and vigorous scent stimulates the appetite and has a positive effect on the digestive system; in fact, it can be used to promote normal intestinal function.

- Diffuse Ginger oil in an Améo diffuser during the fall and winter months to energize and uplift your spirits
- Add 2-3 drops of Ginger oil to SmartMix, SuperMix, Ripstix Fitness Supplements, Daily Tea, or water



LEMON
Citrus limon

15ml SKU#177023 Whsl. \$11.25 Retail \$15 PV: 9
15ml (Organic) SKU#177058 Whsl. \$18.75 Retail \$25 PV: 15

Lemon essential oil is crisp and refreshing, with a wide range of uses. It is employed extensively in cooking, cleaning, topical application, ingestion and more.

- Add 2-3 drops of Lemon oil to any beverage to boost your metabolism and support your immune system
- Add several drops of Lemon oil to water in a spray bottle to cleanse surfaces



MYRRH
Commiphora myrrha

5ml SKU#177054 Whsl. \$61.25 Retail \$81.50 PV: 49

Améo Myrrh Essential Oil can be used to help maintain oral health, normal blood circulation, and normal digestive function.

- Diffuse Myrrh oil in an Améo diffuser to help you feel more grounded and uplifted
- Swish a few drops of Myrrh oil and water in your mouth for a natural mouth rinse to aid in oral health



HELICHRYSUM
Helichrysum italicum

5ml SKU#177020 Whsl. \$82.50 Retail \$110 PV: 66

Helichrysum essential oil has many restorative characteristics known to create a sense of security. It also has anti-aging properties.

- Rub a few drops of Helichrysum oil on cuts and bruises to promote restoration
- Place 1-2 drops of Helichrysum oil in your daily face cleanser to tone and tighten skin



LEMONGRASS
Cymbopogon flexuosus

15ml SKU#177025 Whsl. \$11.25 Retail \$15 PV: 9

Lemongrass oil can be used as a natural cleanser and cooking ingredient. It also has the ability to soothe sore muscles, tone the skin, and support normal digestive function.

- Add a few drops of Lemongrass oil to your face cleanser to close pores and moderate oily skin
- Apply Lemongrass oil topically on pets to repel ticks, fleas and lice naturally



MYRTLE
Myrtus communis

15ml SKU#177028 Whsl. \$27.50 Retail \$36.67 PV: 22

Myrtle oil helps promote normal respiratory system function and can also be used to alleviate minor skin problems. Mentally, it helps release feelings of anger or inner conflict.

- Add 6 drops of Myrtle oil to 1 oz of Améo Fractionated Coconut Oil or cold cream and apply as needed to minor skin irritations
- Apply 1-2 drops of diluted Myrtle oil to the face to balance and revitalize skin and reduce excessive oil



JUNIPER BERRY
Juniperus communis

5ml SKU#177227 Whsl. \$22.50 Retail \$29.95 PV: 18

Juniper Berry has a green and woody scent that fosters confidence and relaxation. The oil has also been used to enhance many culinary efforts—especially in meat dishes.

- Add 1-2 drops of Juniper Berry oil to your favorite meat dish to promote normal intestinal function
- * Diffuse Juniper Berry oil with True Lavender oil in an Améo diffuser to promote confidence and relaxation



MARJORAM
Origanum majorana

15ml SKU#177026 Whsl. \$31.25 Retail \$41.67 PV: 25

Marjoram oil can be used to promote respiratory health. It's rich in antioxidants and can calm the mind and body.

- Place 5 drops of Marjoram oil and 2 drops of Orange oil in a warm bath to assist in clearing airways
- Diffuse Marjoram oil in an Améo diffuser to address physical exhaustion, stress, and tension



NUTMEG
Myristica fragrans

5ml SKU#177055 Whsl. \$17.50 Retail \$23.25 PV: 14

Nutmeg oil can help maintain normal circulatory and digestive function. It can enhance flavor and add character when used in culinary dishes.

- Add 2-3 drops of Nutmeg oil to your food to promote normal digestion and provide added flavor
- Diffuse Nutmeg oil in an Améo diffuser to bring about a calming, grounding environment in your home or office





GRAPEFRUIT
Citrus x paradisi

15ml SKU#177019 Whsl. \$17.50 Retail \$23.22 PV: 14
15ml (Organic) SKU#177057 Whsl. \$33.75 Retail \$45 PV: 27

It is very valuable due to the amount of fresh grapefruit peels that must be cold pressed to create even a small amount of the high-quality oil. Grapefruit oil has become a favorite among oil lovers for its cleansing, energizing and weight management properties.

- Diffuse Grapefruit oil in an Améo diffuser to help alleviate stress and uplift your mood
- Apply 1-2 drops of Grapefruit oil to the stomach or back of the neck to help curb cravings throughout the day



ORANGE
Citrus sinensis

15ml SKU#177003 Whsl. \$10 Retail \$13.33 PV: 8
15ml (Organic) SKU#177059 Whsl. \$16.25 Retail \$21.67 PV: 13

Orange oil can be used to freshen the air, repel insects naturally, relieve stress, aid in digestion, and encourage metabolic detoxification.

- Diffuse Orange oil in an Améo diffuser to help alleviate stress, relax the mind and inspire creativity
- Add 2-3 drops of Orange oil to 1 oz. of Améo Fractionated Coconut Oil and massage into the lower back area to help support healthy digestion



PATCHOULI
Pogostemon cablin

15ml SKU#173090 Whsl. \$31.25 Retail \$41.55 PV: 25

Patchouli oil can be found in various romantic blends. When used aromatically, Patchouli provides a serene sense of clarity and helps release negative thoughts.

- Diffuse Patchouli oil in an Améo diffuser for a sense of clarity and encouraging thoughts
- Apply a few drops of Patchouli oil topically as needed to minor skin irritations to aid in restoration



ROMAN CHAMOMILE
Chamaemelum nobile

5ml SKU#177037 Whsl. \$39.95 Retail \$53.15 PV: 32

With a sweet, crisp aroma, Roman Chamomile has the ability to provide calming support. It can also be used to improve the look and feel of skin and promote normal immune system health.

- Diffuse Roman Chamomile oil in an Améo diffuser to calm irritable babies and soothe temper tantrums
- Place a few drops of Roman Chamomile oil on a cotton ball and place by your child's bed at night to help with restlessness and promote a good night's sleep



OREGANO
Origanum vulgare

15ml (Organic) SKU#177030 Whsl. \$26.25 Retail \$35.00 PV: 21

Oregano—a member of the mint family—has many antioxidant properties and can promote normal respiratory function.

- Rub 1-2 drops of Oregano oil into palms and inhale deeply through the nose and mouth, or diffuse in an Améo diffuser, to promote normal respiratory function
- Massage 1-2 drops of diluted Oregano oil into calluses to help ease them



PEPPERMINT
Mentha piperita

15ml SKU#177031 Whsl. \$22.50 Retail \$30.00 PV: 18

Peppermint oil is used aromatically, topically and internally to aid in digestive health, relieve stress, and freshen breath.

- Add 1 drop of Peppermint oil to the tongue to freshen your breath naturally
- Dilute 2-3 drops of Peppermint oil to 50% and apply to children's spine or neck to cool skin naturally



ROSEMARY
Rosmarinus officinalis

15ml SKU#177038 Whsl. \$16.25 Retail \$21.67 PV: 13

Rosemary oil's health benefits include hair growth stimulation, boosted mental activity, and normal respiratory function. It is also used topically in skin and beauty regimens.

- Massage a few drops of Rosemary oil into the feet daily to provide your body with valuable antioxidants
- Add a few drops of Rosemary oil to your daily shampoo, or massage directly into the scalp, to stimulate hair growth naturally





SANDALWOOD
Santalum austrocaledonicum

5ml SKU#177039 Whsl. \$93.75 Retail \$125.00 PV: 75

Sandalwood oil is said to offer more benefits to the skin than any other essential oil. It naturally creates deep nervous system relaxation and helps restore skin when applied topically.

- Add a few drops of Sandalwood oil to a hot bath to help combat stress and promote normal respiratory function
- Add 1-2 drops of Sandalwood oil to your daily skin care routine to diminish the formation and appearance of acne



SWEET FENNEL
Foeniculum vulgare

15ml SKU#177235 Whsl. \$17.50 Retail \$23.25 PV: 14

Sweet Fennel has a sweet and earthy scent can be used to uplift the mind. It can be especially helpful with minor symptoms associated with menstruation.

- Rub 2-3 drops of Sweet Fennel oil on the stomach or lower abdomen to help provide temporary relief from minor menstrual cycle symptoms
- Add 1-2 drops of Sweet Fennel oil to Zija's Daily Tea or your favorite warm drink to promote normal digestion



THYME
Thymus vulgaris

15ml SKU#177044 Whsl. \$33.75 Retail \$45 PV: 27

Thyme essential oil is a great alternative to harsh chemicals for cleaning the body or home. It is also rich in antioxidants.

- Add 2-3 drops of Thyme oil to Zija's Daily Tea to promote normal respiratory function
- Apply diluted Thyme oil topically as needed to reduce body odor naturally and effectively



SPRUCE
Picea mariana

5ml (Organic) SKU#177042 Whsl. \$25.00 Retail \$33.33 PV: 20

Spruce essential oil smells similar to other pine oils, but with a softer and sweeter aroma. It has an immediate grounding effect and promotes normal immune system function.

- Diffuse Spruce in an Améo diffuser to freshen the air, promote relaxation and promote normal immune system function
- Rub 1-2 drops of diluted Spruce oil into palms and inhale deeply to promote normal respiratory function



TANGERINE
Citrus reticulata

15ml SKU#177043 Whsl. \$16.25 Retail \$21.67 PV: 13
15ml (Organic) SKU#177072 Whsl. \$30 Retail \$40 PV: 24

Tangerine oil has a fresh, tangy scent that invigorates the mind and body. It also promotes normal circulatory and digestive function.

- Massage 1-2 drops of Tangerine oil—diluted to 50%—into the abdomen to promote normal digestive function
- Add 1-2 drops of Tangerine oil to your lotion and apply normally to help with stretch marks, cellulite, and fluid retention



TRUE LAVENDER
Lavandula angustifolia

15ml SKU#177021 Whsl. \$23.75 Retail \$31.67 PV: 19

True Lavender essential oil is used to calm and relax the mind and body and improve balance, energy and overall well-being.

- Diffuse True Lavender oil to freshen the air and uplift your mood
- Add a few drops of True Lavender oil to a warm bath or rub onto neck, feet or bedding to promote relaxation



SWEET BASIL
Ocimum basilicum

15ml SKU#177002 Whsl. \$28.75 Retail \$38.33 PV: 23

Sweet Basil oil is used often in cooking and as a dietary supplement; it also has the ability to awaken the mind and provide clarity. It can be used topically to cool the body and skin.

- Rub 2-3 drops of Sweet Basil oil into the palms and inhale to promote alertness
- Add a few drops of Sweet Basil oil to food, using proven recipes and spreading evenly throughout, to add rich flavor naturally



TEA TREE
Melaleuca alternifolia

15ml SKU#177027 Whsl. \$26.25 Retail \$35 PV: 21

Tea Tree oil has the ability to promote normal immune system function. It can also be used to assist in ridding the skin of occasional impurities.

- Massage 1-2 drops of Tea Tree oil onto the chest or feet to promote normal respiratory function
- Add 1-2 drops of Tea Tree oil to face cleanser to help clear blemishes and prevent breakouts



WINTERGREEN
Gaultheria procumbens

15ml SKU#177049 Whsl. \$18.75 Retail \$25.00 PV: 15

While often associated with its use in toothpaste, mouthwash, candy and chewing gum, Wintergreen offers so much more; when used properly, the oil can heighten each of the five senses on all levels.

- Massage Wintergreen oil—diluted to 20% Wintergreen oil and 80% carrier oil—into sore muscles to promote recuperation



A. VETIVER

Vetiveria zizanioides

5ml SKU#177048 Whsl. \$20 Retail \$26.67 PV: 16

Vetiver essential oil has many cosmetic, aromatic, and hygienic benefits and uses. It can also provide people of all ages with a clear and revitalized mindset.

- Mix 1 drop of Vetiver oil with 3 drops of carrier oil and apply to a freshly washed face to help cleanse the skin
- Massage 1-2 drops of Vetiver oil over the heart center to ground the body



B. YLANG YLANG COMPLETE

Cananga odorata

15ml SKU#177050 Whsl. \$42.50 Retail \$56.67 PV: 34

Ylang Ylang Complete oil can help release feelings of tension and irritation. It is also used to promote healthier hair and in various anti-aging beauty regimens.

- Massage Ylang Ylang Complete oil into the shoulders, back or feet to promote feelings of peacefulness
- Rub 1-2 drops of Ylang Ylang Complete oil over the heart, or diffuse with an Améo diffuser, to encourage emotional balance



C. ALOE & COCONUT+

Massage Blend

SKU#177280 Whsl. \$25.00 Retail \$33.25 PV: 20

Combining the benefits of aloe vera leaf juice, fractionated coconut oil and castor oil, Améo's Aloe & Coconut+ Massage Blend allows you to experience the numerous health, wellness and beauty benefits of essential oils topically.

- Add 3-5 drops of Relaxing Touch to Aloe & Coconut+ and massage hands, shoulders, or back to ease tension
- Mix 1-2 drops of True Lavender with Aloe & Coconut+ and gently apply to sunburned skin to reduce redness and cool the affected area



D. FRACTIONATED COCONUT OIL

Cocos nucifera

SKU#177092 Whsl. \$17.50 Retail \$23.33 PV: 14

Améo's Fractionated Coconut Oil allows you to experience the health, wellness and beauty benefits of essential oils topically and internally.

- Add 3-4 drops of ProShield to Améo Fractionated Coconut Oil and use as a natural hand soap
- Combine Améo Fractionated Coconut Oil with oils that need to be diluted, either topically or in an Améo Veggie Cap



améo OIL BLENDS

One of the most inspiring things about Améo Essential Oils is that, although extremely powerful on their own, they can take on a whole new set of uses and benefits when combined, or blended together. As the leader in essential oil research and development, Améo has learned how to expertly blend essential oils to get the most out of their natural abilities; this includes our cutting-edge Cell Health and Améo Gene Expression (AGX) blends, which are unprecedented and unmatched in the essential oil world.

Traditional Blends

Améo Essential Oil blends are comprised of an exclusive combination of individual oils that help promote enjoyable and beneficial user experiences for the mind, body and soul. Améo's oil blends work at the cellular level to provide everyday wellness solutions.



CALMING BREEZE™ *Stress Control Blend*

15ml SKU#177007 Whsl. \$28.75 Retail \$38.33 PV: 23

Calming Breeze is a matchless, charming oil blend that provides natural comfort and stress relief to those who need it most.

- Apply 1-3 drops of Calming Breeze to the neck and wrists to experience a gentle rush of tranquility
- Diffuse Calming Breeze in an Améo diffuser in your home or office to take in encouragement and drive out tension



DETERMINATION™ *Balancing Blend*

15ml SKU#177010 Whsl. \$21.25 Retail \$28.33 PV: 17

The Determination blend can help calm the body and mind, relieve tension, increase intuition, provide balance, and inspire confidence.

- Rub 1-2 drops of Determination on wrists and inhale to provide a sense of confidence
- Diffuse Determination during times of doubt for an uplifting aroma



GENTLE REPOSE *Monthly Blend*

15ml SKU#177087 Whsl. \$50 Retail \$66.50 PV: 40

Améo's Gentle Repose can provide temporary relief from the fluctuations associated with menstruation while calming the mind and body.

- Rub 3-5 drops of Gentle Repose on the stomach or lower abdomen to help provide temporary relief from common menstrual cycle symptoms
- Diffuse Gentle Repose in an Améo diffuser to calm and ground the mind and body during mild mood changes associated with a menstrual cycle



GEST-CALM *Digestive Support Blend*

5ml SKU#177086 Whsl. \$37.50 Retail \$49.75 PV: 30

This essential oil blend helps support a normal digestive system. Use Gest-Calm to aid in digestion in a natural and beneficial way while easing the stress that can come from intestinal worries.

- Rub 3-5 drops of Gest-Calm on the stomach to help support normal digestive function
- Add 3-5 drops of Gest-Calm to an Améo Veggie Cap and consume to help support normal digestive function



PRODUCT
SPOTLIGHT



LIFE UNLIMITED™ *Focusing Blend*

5ml SKU#177013 Whsl. \$90 Retail \$119.70 PV: 72

The Life Unlimited blend allows you to start and end each day with focus, living in the zone as you work to achieve your dreams. Feel your best, look your best, be your best, and have the energy and vitality needed to enjoy it. This is Life Unlimited.

- Rub 1-2 drops of Life Unlimited into palms and inhale for an invigorating and motivating sensation
- Diffuse Life Unlimited in an Améo diffuser in your home or office to give you and those around you a desire to achieve more





MUSCLE MEND™ Focusing Blend

5ml SKU#177036 Whsl. \$32.50 Retail \$43.33 PV: 26

Muscle Mend was developed to penetrate and soothe sore, overused muscles. After strenuous exercise or exertion, use this blend for immediate and lasting comfort.

- Massage 2-3 drops of Muscle Mend onto sore muscles to soothe them
- Rub 1-2 drops of Muscle Mend into palms and inhale for a calming effect



PÜR VIE™ Purifying Blend

15ml SKU#177033 Whsl. \$20 Retail \$26.67 PV: 16

Améo's Pür Vie blend eliminates unwanted odors while cleansing the air. Its uplifting fragrances pair well with and improve the ambiance of any area.

- Diffuse Pür Vie in an Améo diffuser to cleanse the air and eliminate unwanted odors
- Rub 1 drop of Pür Vie into palms and inhale to provide clarity to your senses



SOOTHING AIRE™ Respiratory Blend

15ml SKU#177005 Whsl. \$21.25 Retail \$28.33 PV: 17

The Soothing Aire blend contains a variety of anti-inflammatory components that open, cleanse and soothe airways naturally.

- Diffuse Soothing Aire to enjoy an awakening aroma that will clear nasal passages
- Apply 2-3 drops of Soothing Aire to the chest or neck in the evening to allow for a peaceful night's sleep



PROSHIELD™ Protecting Blend

15ml SKU#177040 Whsl. \$33.75 Retail \$45.00 PV: 27

This unique protecting blend supports a healthy, strong immune system, protect individuals from various impurities, and is a viable alternative to many synthetic household cleaners.

- Diffuse ProShield for 30 minutes to purify the air in your home or office and support your immune system
- Add 2-3 drops of ProShield to an Améo Veggie Cap and consume to support your immune system



RELAXING TOUCH™ Massage Blend

15ml SKU#177034 Whsl. \$31.25 Retail \$41.67 PV: 25

Relaxing Touch is a massage blend used to help ease sore muscles throughout the body. It helps relax muscles while promoting normal circulation.

- Add 5-8 drops off Relaxing Touch to bath water and soak after a workout to promote circulation
- Add 2-3 drops of Relaxing Touch to sore or cramping muscles for immediate relief



TRIM & TONE™ Slimming Blend

15ml SKU#177047 Whsl. \$26.25 Retail \$35 PV: 21

Trim & Tone helps increase metabolism, control appetite, aid in digestion, and remove excess water and fat from the body.

- Add 3-7 drops of Trim & Tone to water and consume to help boost your metabolism and curb your appetite
- Diffuse Trim & Tone in an Améo diffuser for a fresh scent and to stimulate your emotional state



PURE TRANQUILITY™ Comforting Blend

15ml SKU#177045 Whsl. \$32.50 Retail \$43.33 PV: 26

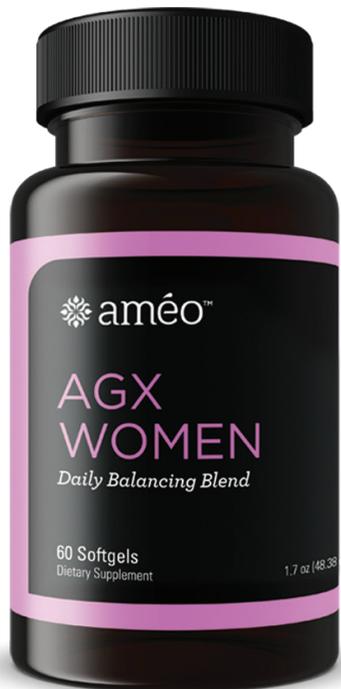
Pure Tranquility will uplift spirits while relaxing and refreshing the mind and body. Use this blend to help promote a sense of comfort.

- Place a few drops of Pure Tranquility on your wrists to begin your day stress-free and in control
- Diffuse Pure Tranquility for a pleasant scent that promotes comfort and overall well-being



AGX Blends

The human genome is made up of tens of thousands of individual genes, which affect our response to various environmental factors. Améo Gene Expression (AGX) products employ essential oils that promote positive gene expression for various types of users.



AGX WOMEN Daily Balancing Blend

60 Softgels SKU#177080 Wholesale \$59 Retail \$78.67 PV: 48

Through Améo Gene Expression (AGX) analysis, we have targeted and combined specific CERTI-5™ essential oils—such as Rosemary, Lemon, Vetiver, Bergamot, Clove and Tea Tree—that help support normal hormone function in women.



AGX DIGEST Daily Digestive Blend

60 Softgels SKU#177081 Wholesale \$59 Retail \$78.67 PV: 48

With the abundance of processed foods and beverages available today, the digestive system needs help to function optimally. Through Améo Gene Expression (AGX) analysis, we've combined various CERTI-5™ essential oils that work to support normal digestive and intestinal function.



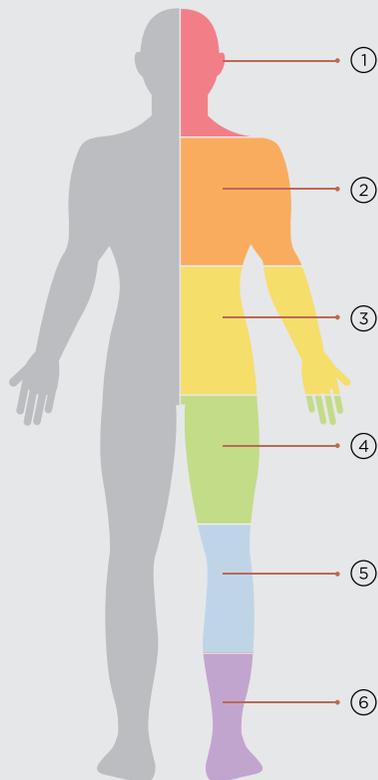
AGX MEN Daily Balancing Blend

60 Softgels SKU#177079 Wholesale \$59 Retail \$78.67 PV: 48

Through Améo Gene Expression (AGX) analysis, we have targeted and combined specific CERTI-5™ essential oils—such as Sweet Basil, Tea Tree, Bergamot, Clove, Eucalyptus Globulus and Vetiver—that help support normal hormone function in men.

AGX ZONE SCIENCE

We've taken our robust AGX database and analyzed it in a completely different way; what we discovered is that there are six unique genetic zones. Each Améo Essential Oil falls into a single zone, and each zone's oils affect a particular body function.



- AGX ZONE 1 - CARDIOVASCULAR/RESPIRATORY
- AGX ZONE 2 - EXCRETORY/DIGESTIVE
- AGX ZONE 3 - ENDOCRINE/LYMPHATIC
- AGX ZONE 4 - MUSCULAR/REPRODUCTIVE
- AGX ZONE 5 - NERVOUS/IMMUNE
- AGX ZONE 6 - INTEGUMENTARY/SKELETAL

*Note: This chart is simply a visual representation of the fact that there are six unique zones and should not be taken literally as an indication of which parts of the body are highlighted for each zone.



AGX BREATHE *Respiration Blend*

5ml SKU#177245 Whsl. \$35 Retail \$46.67 PV: 28

With the aid of Améo Gene Expression (AGX) analysis, we have found that the essential oils within AGX Zone 1—including Balsam Fir, Eucalyptus Globulus, Marjoram, Sandalwood, Myrtle, and Oregano—can aid in soothing and opening airways. The AGX Breathe blend contains oils that help support healthy respiratory function.

- Diffuse AGX Breathe in an Améo diffuser for an invigorating aroma that can help ease the respiratory system



AGX METABOLISM *Weight Control Blend*

15ml SKU#177250 Whsl. \$35 Retail \$46.67 PV: 28

With the aid of Améo Gene Expression (AGX) analysis, we have found Lemon, Roman Chamomile, Sweet Basil, and Ginger all fall into Zone 3. These oils are expertly combined in our AGX Metabolism blend to provide helpful components that can aid in maintaining a normal metabolism.

- Add a few drops of AGX Metabolism to an Améo Veggie Cap and consume to promote in normal metabolism function



AGX FOCUS *Concentration Blend*

15ml SKU#177248 Whsl. \$35 Retail \$46.67 PV: 28

Stay on target with the calming and balancing properties of AGX Focus. Whether you need a boost of confidence to get a project completed or simply want to mentally center after a long day, AGX focus can help provide the concentration you need to reach your most ambitious goals.

- Diffuse AGX Focus to promote concentration and provide an uplifting aroma



AGX CLEANSE *Detoxification Blend*

5ml SKU#177247 Whsl. \$35 Retail \$46.67 PV: 28

The essential oils that fall into AGX Zone 2 can target the digestive tract to aid in the elimination of toxin buildup. AGX Cleanse contains oils that aid in the body's natural cleansing abilities and promote an overall normal digestive system.

- Add a few drops of AGX Cleanse to an Améo Veggie Cap and take by mouth in addition to your normal detoxification regimen.



AGX ENERGY *Vitality-Boosting Blend*

15ml SKU#177246 Whsl. \$35 Retail \$46.67 PV: 28

With oils like Tangerine, Orange, and Clove, AGX Energy delivers vitality when you need it most. Providing invigorating and fresh elements, you'll want this oil diffused, ingested, or applied topically when you need an extra boost to get you through the day.

- Add a few drops of AGX Energy to Zija SuperMix or favorite drink to assist in normal energy levels



AGX SKIN *Skin-Enriching Blend*

5ml SKU#177249 Whsl. \$35 Retail \$46.67 PV: 28

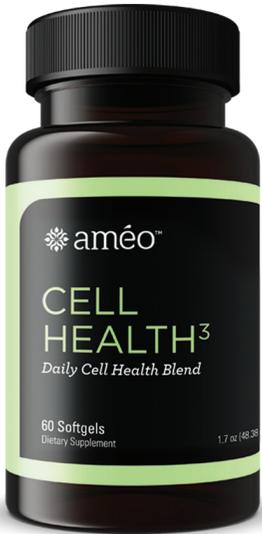
With oils like Ylang Ylang Complete, Bergamot, Cypress, Rosemary, and Helichrysum, this blend can help enhance the beauty of skin naturally. AGX Skin contains oils that promote hair growth stimulation, anti-aging, antioxidant support, and much more.

- Place 1-2 drops of AGX Skin in your face lotion or cleanser and apply normally to cleanse and boosts the skin's natural repair mechanisms



Cell Health Blends

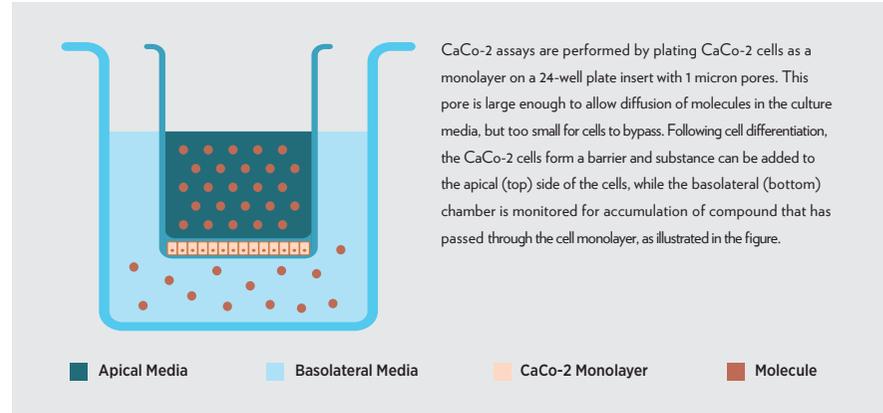
Using a CaCo-2 assay, Améo has quantifiably measured the synergistic bioavailability of each of our essential oils. Using this information, we formulated products that are rich in “SuperCarriers,” or oils that promote normal cell health and function.



CELL HEALTH³ Daily Cell Health Blend

60 Softgels SKU#177078 Whsl. \$59 Retail \$78.67 PV: 48

Provide your body with a proprietary combination of Améo CERTI-5™ SuperCarrier oils, which are rich in constituents that facilitate the bioavailability—and in turn the effectiveness—of other essential oils. Cell Health³ combines Améo’s exclusive antioxidant, immunity-boosting, and cell nourishing blends in a powerful and convenient daily softgel.



CaCo-2 assays are performed by plating CaCo-2 cells as a monolayer on a 24-well plate insert with 1 micron pores. This pore is large enough to allow diffusion of molecules in the culture media, but too small for cells to bypass. Following cell differentiation, the CaCo-2 cells form a barrier and substance can be added to the apical (top) side of the cells, while the basolateral (bottom) chamber is monitored for accumulation of compound that has passed through the cell monolayer, as illustrated in the figure.



CELL DEFENSE™ Antioxidant Blend

5ml SKU#177051 Whsl. \$31.25 Retail \$41.67 PV: 25

Cell Defense combines antioxidant-rich, bioavailable SuperCarrier oils to help nourish and safeguard human cells.

- Add 3 drops of Cell Defense to an Améo Veggie Cap and take by mouth each morning to provide rich antioxidants
- Diffuse Cell Defense in an Améo diffuser to help protect your body from free radical damage



CELL SUPPORT™ Immunity-Boosting Blend

5ml SKU#177053 Whsl. \$40 Retail \$53.33 PV: 32

Cell Support expertly combines the immune support properties of various essential oils to promote normal immune system function.

- Add 3 drops of Cell Support to an Améo Veggie Cap and take by mouth each morning to promote normal immune system function
- Diffuse Cell Support in an Améo diffuser to promote normal immune system function



CELL THERAPY™ Nourishing Blend

5ml SKU#177052 Whsl. \$28.75 Retail \$38.33 PV: 23

Cell Therapy allows individuals to experience increased benefits when used in combination with other Améo Essential Oils.

- Add 3 drops of Cell Therapy to an Améo Veggie Cap and take by mouth each morning
- Diffuse Cell Therapy in an Améo diffuser to facilitate the bioavailability of other essential oils





améo OTHER PRODUCTS

Améo Essential Oils come from nature's most beneficial botanicals. We've harnessed their valuable qualities and, using the latest research and development, created an array of useful Améo products that can be used in everyday life.

B. AMÉO PROSHIELD™ BEADLET

Protecting Essential Oil Blend

125 Beadlets SKU#177129 Whsl. \$15 Retail \$20 PV: 12

Experience the benefits of Améo's ProShield™ Protecting Blend with our convenient, easy-to-consume Veggie Beadlet. Stimulate your taste buds and support a healthy immune system with ProShield's unique cleansing properties.

E. AMÉO MUSCLE RUB

Soothing Roll-On Blend

30ml SKU#177088 Whsl. \$35 Retail \$46.67 PV: 28

Améo Muscle Rub was developed to support your active lifestyle by naturally and effectively soothing sore, overworked muscles. Each essential oil incorporated—including Wintergreen, Eucalyptus Globulus, Peppermint, and Helichrysum—was chosen to provide fast-acting relief when you need it most.

C. AMÉO COOLING MINT BEADLET

Peppermint & Tea Tree Essential Oil Blend

125 Beadlets SKU#177131 Whsl. \$15 Retail \$20 PV: 12

Enjoy the invigorating flavors of Peppermint and Tea Tree essential oils in a convenient Veggie Beadlet that dissolves in your mouth. Freshen your breath and ignite the senses with the powerful benefits of Améo Peppermint and Tea Tree oils.

F. AMÉO HAND PURIFIER

2 fl oz (59ml) SKU#177251 Whsl. \$10 Retail \$13.33 PV: 7

With oils like Lemongrass, Marjoram, Oregano and Peppermint, Améo Hand Purifier quickly and effectively cleanses skin while nourishing it naturally. The essential oils in the purifier contain innate components that allow skin to stay moisturized—all in a convenient, on-the-go bottle!

A. AMÉO CITRUS SPICE BEADLET

Tangerine & Cinnamon Essential Oil Blend

125 Beadlets SKU#177130 Whsl. \$15 Retail \$20 PV: 12

For a sweet kick and to freshen your breath throughout the day, enjoy a flavorful burst of Tangerine and Cinnamon flavors—provided naturally by Améo Essential Oils.

D. AMÉO FEET FIRST

Foot Balm

2 fl oz (50ml) SKU#177297 Whsl. \$35 Retail \$46.66 PV: 26

With Améo Essential Oils like Vetiver, Patchouli, Geranium, Balsam Fir, Copaiba, Spruce, Frankincense, Lemongrass, Myrrh, and Sandalwood, users can experience skin-restoring, healing, and cell-protective properties.





G. AMÉO WHITENING TOOTHPASTE

Cool Mint

4 oz (120 ml) SKU#177296 Whsl. \$10 Retail \$13.33 PV: 5

The valuable ingredients in Améo Whitening Toothpaste are expertly combined to create a creamy, minty and effective product that reveals your brightest smile. Brush thoroughly, preferably after each meal but at least twice a day, or as directed by a dentist or physician. For children 2-6, use a pea-sized amount and instruct in good brushing and rinsing habits to minimize swallowing.

H. AMÉO PROSHIELD™ FOAMING HAND SOAP

Protecting Essential Oil Blend

16 fl oz (473 ml) SKU#177298 Whsl. \$19.75 Retail \$26.60 PV: 15

Cleaning your hands with ProShield Foaming Hand Soap not only helps eradicate odors, but also provides a lasting, fresh scent that will uplift the mind. Purchase Empty Soap Dispensers and re-fill them again and again with the 16 oz. soap formula.

I. AMÉO PROSHIELD™ FOAMING HAND SOAP

Dispensers

8 fl oz (240 ml) SKU#177302 Whsl. \$4 Retail \$5.35 PV: 0

Cleaning your hands with ProShield Foaming Hand Soap not only helps eradicate odors, but also provides a lasting, fresh scent that will uplift the mind. Purchase Empty Soap Dispensers and re-fill them again and again with the 16 oz. soap formula.

améo ACCESSORIES

Inhaling essential oils is one of the easiest ways to become better acquainted with them as well as enjoy their therapeutic benefits. When breathing in essential oils, the molecules directly enter the blood stream through the lungs. Additionally, the aroma that each essential oil possesses affects your brain and mood through the olfactory nerves when inhaled.



OTHER ACCESSORIES	CONTENTS*	US SKU*	WHOLESALE*	RETAIL*	PV*	SHIPPING*
AMBER MISTER BOTTLES (0.5 oz)	4 0.5 oz Mister Bottles, Recipe Stickers	177099	\$5	\$6.67	0	\$4.95
AMBER MISTER BOTTLES (2.0 oz)	4 2.0 oz Mister Bottles, Recipe Stickers	177100	\$5	\$6.67	0	\$4.95
AMBER MISTER BOTTLES (8.0 oz)	2 8.0 oz Mister Bottles, Recipe Stickers	177101	\$5	\$6.67	0	\$4.95
5/8 DRAM SAMPLING KIT	50 5/8 Dram Sampling Bottles, Orifices, Caps, & Stickers	177097	\$18	\$24	0	\$4.95
1/4 DRAM SAMPLING KIT	144 1/4 Dram Sampling Bottles, Orifices, Caps, & Stickers	177096	\$38	\$50.67	0	\$4.95
PIPETTES	25 3 ml Pipettes	177093	\$2	\$2.67	0	\$4.95
VEGGIE CAPS	175 Capsules	177095	\$4.50	\$6	0	\$7.95
AMÉO OIL WOODEN BOX	Holds 30 15 ml and/or 5 ml Oils	177134	\$35	\$35	0	\$7.95
AMÉO OIL TRAVEL CASE	Holds 50 15 ml and/or 5 ml Oils	177133	\$25	\$25	0	\$7.95
AMÉO OIL TRAIN CASE	Holds 36 15 ml and/or 5 ml Oils	177138	\$33	\$33	0	\$7.95
AMÉO STARTER KIT LABELS	Bottle Cap Labels	173080	\$1	\$1	0	\$7.95



AMÉO AIR THERAPY “GLOBE” DIFFUSER

SKU#177117 Wholesale \$180 Retail \$240 PV: 90

With its clean and natural look—inspired by nature as well as your favorite spa experience—the Globe diffuser is ideal for spreading essential oils in any room.

AMÉO AIR THERAPY “MUNDO” DIFFUSER

SKU#177291 Wholesale \$50 Retail \$66.67 PV: 25

Mundo’s Latin translation means to cleanse—which is exactly what this modern diffuser offers users. Its ultrasonic technology breaks down the mixture of water and oils into millions of particles, dispersing and refreshing any room with its 360° spray nozzle.

AMÉO AIR THERAPY “PURE” DIFFUSER

SKU#177116 Wholesale \$120 Retail \$160 PV: 60

The Pure diffuser utilizes cutting-edge nebulizing technology, which is considered one of the most direct and therapeutic ways to experience essential oils.

AMÉO AIR THERAPY “AERIFY” DIFFUSER

SKU#177195 Wholesale \$40 Retail \$53.33 PV: 60

Aerify restores and refreshes the air in any small space by employing the natural and efficient filtering power of water. Its simple design, compact size, and USB power source will seamlessly complement any room, car, or office and allow for easy transportation.

*Products, Price, PV, and availability are subject to change at any time and may vary by market.

ripstix fitness SUPPLEMENTS

Living an Active Lifestyle is one of the four pillars of Zija International's Life Unlimited motto. When you find a workout, sport or routine that you enjoy, exercise becomes a choice rather than just a chore and the body can begin to transform.

Today's world also recognizes the importance of regular exercise more than ever before. Knowing this, we set out to create the best workout products for all types of athletes and fitness junkies, as well as hydration products for all ages.

Ripstix Fitness Supplements have revolutionized the way that people work out, fuel their body, and push their limits time and time again. They've been carefully formulated to help you keep your drive alive with the energy and nutrients needed before, during and after—long after—your workout. Whether you stay active by pounding the pavement, helping your team to the top, refining your downward-facing dog, or setting your personal record on a lift, it's time to Power Your Fitness with Ripstix Fitness Supplements.



No artificial colors or flavors

Ripstix Fitness Supplements are colored naturally with beet juice powder, beet root powder and elderberries. We've made natural supplements that will benefit you because we believe in the importance of supplying your body with pure ingredients that will help you achieve your fitness goals.



30
PACKETS

PRODUCT BENEFITS

- INITIATES BLOOD FLOW
- HEIGHTENS THERMOGENIC RESPONSE
- MAXIMIZES METABOLIC RATE

NET WT 210 g (7.4 oz)

CHERRY
RIPSTIX
IGNITE PRE-WORKOUT



IGNITE PRE-WORKOUT™

1 Bag of Ripstix Ignite Pre-Workout Drink Mix (30 Packets)
SKU#177178 Whsl. \$99.00 Retail \$125.00 PV: 75

Our pre-workout drink mix helps initiate blood flow, heightens thermogenic response, and increases metabolic performance. We've combined various beneficial ingredients that promote both physiological and metabolic optimization.

Mix 1 packet of Ripstix Ignite with 8-18 oz of cold water, shake well, and drink 10 minutes before exercise.

- Initiates Blood Flow
- Heightens Thermogenic Response
- Maximizes Metabolic Rate



FUEL DURING WORKOUT™

1 Bag of Ripstix Fuel During Workout Drink Mix (30 Packets)
SKU#177176 Whsl. \$60.00 Retail \$75.00 PV: 40

This electrolyte-packed drink mix responds quickly to the rigors of training. The natural ingredients in Ripstix Fuel will increase blood flow, replenish your body, and keep you at your peak.

Mix 1 packet of Ripstix Fuel with 8-18 oz of cold water, shake well, and drink during exercise.

- Replenishes Essential Electrolytes
- Increases Blood Flow Naturally
- Improves Muscle & Organ Function



RECOVER POST-WORKOUT™

1 Bag of Ripstix Recover Post-Workout Drink Mix (30 Packets)
SKU#177179 Whsl. \$60.00 Retail \$75.00 PV: 40

This delicious post-workout drink mix utilizes powerful antioxidant properties to help remove lactic acid from the muscles while providing key compounds that initiate muscles to respond positively to stretching and tearing that occurs during workouts.

Mix 1 packet of Ripstix Recover with 8-18 oz of cold water, shake well, and drink within 30 minutes of completing your exercise.

- Removes Lactic Acid Buildup
- Helps Muscles Recuperate
- Promotes Healthy Joints



HYDRATE FREQUENTLY™

1 Bag of Ripstix Hydrate Daily Refresher Drink Mix (60 Packets)
SKU#177177 Whsl. \$60.00 Retail \$75.00 PV: 40

This all-natural drink mix tastes great, replenishes essential electrolytes lost through regular and physical activity, and is safe for all ages! Plus, it is just 24 calories per packet—1/10 the amount typically found in a large soda!

Mix 1 packet or one scoop of Ripstix Hydrate with 8-18 oz of cold water, shake well, and drink throughout the day to satisfy your thirst without adding excess calories!

- Low Calorie
- Replenishes Electrolytes
- Naturally Flavored and Colored



RIPSTIX ENERGY

1 Case of Ripstix Energy (16.4oz Bottles)
SKU#103359 Whsl. \$75.00 Retail \$95.00 PV: 50

Ripstix Energy was formulated as a ready-to-consume beverage that contains a proprietary blend of ingredients that help elevate your mood, boost your endurance level, and suppress your appetite throughout the day.

Drink one serving (2 fl. oz.) of Ripstix Energy at least 15 minutes prior to a healthy meal. Shake well before drinking. Best when served chilled. Refrigerate after opening. Dilute with water if desired.

How do you Power Your Fitness with Ripstix Fitness Supplements?
Post your favorite way to use these products—at the gym, training outdoors, or throughout the day—on social media using #RipstixSupplements

product SYSTEMS

NHR ENROLLMENT SYSTEMS	CONTENTS*	US SKU*	WHOLESALE*	RETAIL*	PV*	SHIPPING*
NHR DIAMOND SYSTEM:	2 Cases of SuperMix (32 Sachets per Case), 1 Box of XMburn (30 Caps), 1 Tea Combo Box (20 Daily Tea Pouches and 10 Premium Tea Pouches), 1 Case of XM+ Energy Mix (32 Sachets), 2 XMpm Trial Packs (4 XMpm Caps per Trial Pack), 2 XMam Trial Packs (4 XMam Caps per Trial Pack), 1 Box of Plant Protein - Dutch Chocolate (28 Packets), 1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil (15 ml), 1 Améo Lemon Oil (15 ml), 1 Améo Peppermint Oil (15 ml), 1 Améo ProShield Oil Blend (15 ml), 1 Améo Determination Oil Blend (15 ml), 1 Améo Frankincense Oil (15 ml), 1 Améo Soothing Aire Oil Blend (15 ml), 1 Améo Pure Tranquility Oil Blend (15 ml), 1 Améo Trim and Tone Oil Blend (15 ml), 1 Améo Air Therapy Mundo Diffuser, 1 Bag of Ripstix Fuel Electrolyte Quencher Drink Mix (30 Sachets), 1 Bag of Ripstix Hydrate Daily Refresher Drink Mix (30 Sachets), 1 Bag of Ripstix Ignite Pre-Workout Drink Mix (30 Sachets), 1 Bag of Ripstix Recover Post-Workout Drink Mix (30 Sachets), 1 GenM Cosmetic Bag, 1 Tube of GenM Creamy Face Cleanser, 1 Tubes of GenM Anti-aging Night Repair, 1 Tubes of GenM Spa Masque, 1 Bottles of GenM Rehydrating Mist, 1 Tubes of GenM Daily Moisturizer, 1 Bottle of GenM Eye Serum, 2 Bottles of GenM Zija Oil INCLUDES FREE: 1 Bottle of XM3 Caps (30 Count), 1 Zija Trimr Bottle, 90 Day Health Revolution Book, Welcome to Zija Booklet, Getting Started DVD, 10 Sample Bags with NHR one Day Sharing Pack, and 10 Empty Sampling Bags	103501	\$1,756	N/A	500	FREE
NHR GOLD SYSTEM:	1 Case of SuperMix (32 Sachets), 1 Box of XMburn (30 Caps), 1 Tea Combo Box (20 Daily Tea Pouches and 10 Premium Tea Pouches), 1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil (15 ml), 1 Améo Lemon Oil (15 ml), 1 Améo Peppermint Oil (15 ml), 1 Améo ProShield Oil Blend (5 ml), 1 Améo Determination Oil Blend (5 ml), 1 Améo Frankincense Oil (5ml), 1 Améo Soothing Aire Oil Blend (5 ml), 1 Améo Pure Tranquility Oil Blend (5 ml), 1 Améo Trim and Tone Oil Blend (15 ml), 1 AméoAir Therapy Mundo Diffuser, 1 Bag of Ripstix Fuel Electrolyte Quencher Drink Mix (30 Sachets), 1 Bag of Ripstix Hydrate Daily Refresher Drink Mix (60 Sachets), 1 Bag of Ripstix Ignite Pre-Workout Drink Mix (30 Sachets), 1 Bag of Ripstix Recover Post-Workout Drink Mix (30 Sachets) INCLUDES FREE: 1 Bottle of XM3 Caps (30 Count), 1 Zija Trimr Bottle, 90 Day Health Revolution Book, Welcome to Zija Booklet, Getting Started DVD, 5 Sample Bags with NHR one Day Sharing Pack, and 5 Empty Sampling Bags.	103500	\$878	N/A	250	FREE
NHR ENHANCED SYSTEM:	1 Case of SuperMix (32 Sachets), 1 Box of XMburn (30 Caps), 1 Tea Combo Box (20 Daily Tea Pouches and 10 Premium Tea Pouches), 1 Bag of Ripstix Hydrate Daily Refresher Drink Mix (60 Sachets), 1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil Blend (5ml), 1 Améo Lemon Oil Blend (5ml), 1 Améo Peppermint Oil Blend (5 ml), 1 Améo ProShield Oil Blend (5 ml), 1 Améo Determination Oil Blend (5 ml), 1 Améo Frankincense Oil (5 ml), 1 Améo Soothing Aire Oil Blend (5 ml), 1 Améo Pure Tranquility Oil Blend (5ml), 1 Améo Trim and Tone Oil Blend (15ml), 1 Améo Air Therapy Mundo Diffuser. INCLUDES FREE: 1 Zija Trimr Bottle, 90 Day Health Revolution Book, Welcome to Zija Booklet, and Getting Started DVD.	103499	\$438	N/A	150	FREE
NHR BASIC SYSTEM:	1 Case Supermix (32 sachets), 1 Box of XMburn (30 Caps), 1 Tea Combo Box (20 Daily Tea Pouches and 10 Premium Tea Pouches), 1 Améo Trim and Tone Oil Blend (15 ml) INCLUDES FREE: 90 Day Health Revolution Book, Welcome to Zija Booklet, and Getting Started DVD.	103498	\$265	N/A	150	FREE
ENROLLMENT SYSTEMS	CONTENTS*	US SKU*	WHOLESALE*	RETAIL*	PV*	SHIPPING*
BURN STARTER SYSTEM (SUPERMIX):	2 Cases SuperMix, 1 Box XMburn, 1 Tea Combo Box (20 Daily/10 Premium pouches per box). INCLUDES FREE: Shaker Bottle, New Distributor Welcome Kit, 8 XMburn Trial Packs, 8 XMpm Trial Packs, 8 Tea Trial Packs, 8 Sample Pack Boxes, and Enrollment Fee.	104060	\$330	\$417	250	FREE
BASIC 9 KIT:	1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil (5 ml), 1 Améo Lemon Oil (5 ml), 1 Améo Peppermint Oil (5 ml), 1 Améo ProShield Oil Blend (5 ml), 1 Améo Determination Oil Blend (5 ml), 1 Améo Frankincense Oil (5 ml), 1 Améo Soothing Aire Oil Blend (5 ml), 1 Améo Pure Tranquility Oil Blend (5 ml). INCLUDES FREE: Améo Air Therapy "Everyday" Diffuser, Améo New Distributor Welcome Kit.	177170	\$140	\$186.67	75	\$10.95
MVP STARTER KIT:	1 Bag of Ripstix Hydrate Daily Refresher Drink Mix (60 Packets), 1 Bag of Ripstix Fuel During Workout Drink Mix (30 Packets), 2 Bags of Ripstix Ignite Pre-Workout Drink Mix (30 Packets per Bag), 2 Bags of Ripstix Recover Post-Workout Drink Mix (30 Packets per Bag), Ripstix Trimr Bottle, 8 Empty Ripstix Sample Cartons. INCLUDES FREE: Ripstix New Distributor Welcome Kit and Enrollment Fee.	102153	\$330	N/A	250	FREE
GOLD SYSTEM: BURN SAMPLER 1: (SUPERMIX)	4 Cases SmartMix, 2 Boxes XMburn, 2 Tea Combo Boxes (20 Daily/10 Premium pouches per box). INCLUDES FREE: 2 Shaker Bottles, New Distributor Welcome Kit, 16 XMburn Trial Packs, 16 XMpm Trial Packs, 16 Tea Trial Packs, 16 Sample Pack Boxes, and Enrollment Fee.	104061	\$660	\$833	500	FREE

ENROLLMENT SYSTEMS	CONTENTS*	US SKU*	WHOLESALE*	RETAIL*	PV*	SHIPPING*
BASIC TRAINING KIT:	1 Bag of Ripstix Fuel During Workout Drink Mix (30 Sachets), 1 Bag of Ripstix Ignite Pre-Workout Drink Mix (30 Sachets), 1 Bag of Ripstix Recover Post-Workout Drink Mix (30 Sachets) INCLUDES FREE: 1 Ripstix Trimr Bottle, Ripstix New Distributor Welcome Kit.	102152	\$220	\$225	150	FREE
GENM PERSONAL PACK:	1 Daily Moisturizer, 1 Rehydrating Mist, 1 Creamy Face Cleanser, 1 Spa Masque, 1 Eye Serum, 1 Anti-Aging Night Repair, 1 Zija Oil, 1 Cosmetic Bag, 1 GenM Sample Pack (10 Count), 1 Skin Care Guide. INCLUDES FREE: 1 Zija Oil, New Distributor Welcome Kit, and Enrollment Fee.	101957	\$330	\$417	250	\$9.95
BURN STARTER SYSTEM (SMARTMIX):	2 Cases SmartMix, 1 Box XMburn, 1 Tea Combo Box (20 Daily/10 Premium pouches per box). INCLUDES FREE: Shaker Bottle, New Distributor Welcome Kit, 8 XMburn Trial Packs, 8 XMpm Trial Packs, 8 Tea Trial Packs, 8 Sample Pack Boxes, and Enrollment Fee.	104050	\$330	\$417	250	FREE
GOLD SYSTEM: AMEO SAMPLER 1:	1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil (15 ml), 1 Améo Lemon Oil (15 ml), 1 Améo Peppermint Oil (15 ml), 1 Améo ProShield Oil Blend (15 ml), 1 Améo Frankincense Oil (15 ml), 1 Améo Soothing Aire Oil Blend (15 ml), 1 Améo Pure Tranquility Oil Blend (15 ml), 1 Améo Relaxing Touch Oil Blend (15 ml), 1 Améo Pur Vie Oil Blend (15 ml), 1 Améo Trim & Tone Oil Blend (15 ml), 1 Améo Bergamot Oil (15 ml), 1 Améo Calming Breeze Oil Blend (15 ml), 1 Améo Oregano Oil (15 ml), 1 Améo Tangerine Oil (15 ml), 1 Améo Tea Tree Oil (15 ml), 1 Améo Determination Oil Blend (15 ml), 1 Améo Life Unlimited Oil Blend (5 ml), 20 Améo Oil Sample Cards—Lemon, True Lavender and Peppermint Sample Sachets. ALSO INCLUDES: Améo Membership Fee (\$20 value), Améo New Distributor Welcome Kit (\$19 value), Zija International New Distributor Welcome Kit (\$19 value), Air Therapy "Pure" Nebulizing Diffuser (\$120 value), 20 Améo Sample Cards (\$20 value), qualifies to begin receiving 15% Zija Rewards Points on future subsequent orders, qualify as Pay Rank of Builder 500, Fast Start Commissions (FSC) qualifier.	177173	\$660	\$880	500	FREE
TURBO STARTER SYSTEM (SUPERMIX):	2 Cases of SuperMix (32 Sachets per Case), 1 Tea Combo Boxes (20 Daily Tea Pouches and 10 Premium Tea Pouches per Box), 1 Boxes of XMturbo (60 Caps per Box). INCLUDES FREE: Enrollment 8 XMturbo Trial Packs (8 Caps per Pack), 8 XMpm Trial Packs (4 Caps per Pack), 8 Tea Trial Packs (2 Daily Tea Pouches and 2 Premium Tea Pouch per Pack), 1 Zija Shaker Bottles, 8 Empty SamplePack Boxes	102174	\$340	N/A	250	FREE
ENHANCED 9 KIT:	1 Améo Muscle Mend Oil Blend (5 ml), 1 Améo True Lavender Oil (15 ml), 1 Améo Lemon Oil (15 ml), 1 Améo Peppermint Oil (15 ml), 1 Améo ProShield Oil Blend (5 ml), 1 Améo Determination Oil Blend (5 ml), 1 Améo Frankincense Oil (5 ml), 1 Améo Soothing Aire Oil Blend (5 ml), 1 Améo Pure Tranquility Oil Blend (5 ml). INCLUDES FREE: Améo Air Therapy "Pure" Nebulizing Diffuser, Améo New Distributor Welcome Kit.	177171	\$306.67	\$230	150	\$10.95
GOLD SYSTEM: RIPSTIX SAMPLER 1:	2 Bags of Ripstix Hydrate Daily Refresher Drink Mix (60 Packets per Bag), 2 Bags of Ripstix Fuel During Workout Drink Mix (30 Packets per Bag), 4 Bags of Ripstix Ignite Pre-Workout Drink Mix (30 Packets per Bag), 4 Bags of Ripstix Recover Post-Workout Drink Mix (30 Packets per Bag), Ripstix Trimr Bottle, 16 Empty Ripstix Sample Cartons. INCLUDES FREE: Ripstix New Distributor Welcome Kit and Enrollment Fee.	102154	\$660	N/A	500	FREE
SMARTPACK 3 (STIMULANT FREE):	1 Case SuperMix, 1 Box XMpm, 1 Box Premium Tea, 1 Box SmartMix, 1 Shaker Bottle, 2 XMpm Trial Packs.	101887	\$200	\$253	250	FREE
COOKING WITH AMÉO KIT:	1 Bottle of Améo Clove Oil (15 ml), 1 Bottle of Améo Cinnamon Oil (5 ml), 1 Bottle of Améo Ginger Oil (15 ml), 1 Bottle of Améo Lavender Oil (15 ml), 1 Bottle of Améo Lemon Oil (15 ml), 1 Bottle of Améo Peppermint Oil (15 ml), 1 Bottle of Améo Rosemary Oil (15 ml), 1 Bottle of Améo Sweet Basil Oil (15 ml), 1 Bottle of Améo Tangerine Oil (15 ml), 2 Clear Spray Bottles (4 ml each), 10 Fine-Tip Pipettes (3 ml each), 1 Améo Welcome Kit, 1 "Cooking with Améo" Recipe Book, 1 Améo Cooking Welcome Card	177232	\$200	\$250	150	FREE
WATERFALL TECHNIQUE KIT:	1 Bottle of Améo Geranium Oil (15 ml), 1 Bottle of Améo Cypress Oil (15 ml), 1 Bottle of Améo Relaxing Touch Oil Blend (15 ml), 1 Bottle of Améo Cell Support Oil Blend (5 ml), 1 Bottle of Améo Muscle Mend Oil Blend (5 ml), 1 Bottle of Améo Cell Therapy Oil Blend (5 ml), 1 Bottle of Améo ProShield Oil Blend (5 ml), 1 Bottle of Améo Pure Tranquility Oil Blend (15 ml), 1 Bottle of Améo Aloe & Coconut+ Oil.	177289	\$199	\$264.50	135	\$10.95



Natural Health Revolution Diamond System

The Diamond System is our largest offered package that supplies enough products for you, your family, your friends, and any potential prospects. It contains a large sampling from each of our product lines: Core Moringa Supplements, Ripstix Fitness Supplements, GenM Personal Care, and Améo Essential Oils.

*Products, Price, PV, and availability are subject to change at any time and may vary by market.

ZIJA MIRACLE FOUNDATION



To help facilitate and heighten Zija's efforts to help those in need throughout the world, we launched the Zija Miracle Foundation in the fall of 2013.

Since its inception, the Zija Miracle Foundation has changed the lives of countless individuals, specifically those affected by poverty, natural disasters and other unmet needs. An ongoing area of focus has been helping elderly individuals who have been abandoned by their families, as well as a group of orphans, located near one of Zija's Moringa farms in Northern India.

Other opportunities to serve have been presented as natural disasters strike, including stepping in and helping with continued relief efforts for those affected by the Tohoku Earthquake and Tsunami in Japan and Typhoon Haiyan in the Philippines.

In the spring of 2015, Zija Gold Challenge Cruise attendees participated in a service project in Jamaica. They visited a local school and orphanage where they repaired the facility, painted the walls, and built a fence to give the children added security.

In February 2016, the Zija Black Diamond Club Retreat attendees and corporate leaders visited an abused-women's shelter, an underprivileged school and an elderly home near Cancun, Mexico—sponsored by the Zija Miracle Foundation. Volunteers painted the women's shelter, provided service to children and participated in team-building activities with students.

During upcoming Zija Success Trips, attendees will participate in even more local service projects.

The Zija Miracle Foundation is able to give so much and positively affect so many lives thanks to the generosity of Zija Nation. Stay tuned for more and more ways to donate, get involved, and help others around the world live their Life Unlimited.



How to Order

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Log into your Back Office Market at myzija.com using your Zija ID# and password. Click the "My Orders" tab, then click "Place a Personal Order."

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SUGGESTED SOCIAL MEDIA HASHTAGS

#Zija (Main); #LifeUnlimited #NaturalHealthRevolution
#ZijaFit #DrinkLifeIn #Améo #RipstixSupplements

